

Preventive Medicine, PC

Meet Our Doctors



Alfred L. Pinto, DC
Board Certified

- Indiana University, BS Biology
- Logan College of Chiropractic
Doctor of Chiropractic
- Licensed Acupuncturist

Lynne R. Hancock, DC
Board Certified

- Earlham College, BS Biology
- National University,
Doctor of Chiropractic
- Adjunct Faculty,
Indiana University
- Licensed Acupuncturist



Raed F. Mansour, DC
Board Certified

- Purdue University, BS
Neurobiology
- National University,
Doctor of Chiropractic
- The Chicago Medical School
MS, Clinical Nutrition

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Toll Free



Preventive Medicine, PC

- where people come to get better

Preventive Medicine, PC

Preventive Medicine, PC is a multi-specialty physical medicine practice offering contemporary chiropractic, physical therapy, massage therapy, nutritional counseling, and acupuncture services. We operate from four upscale offices located throughout North Central Indiana.

You can expect your visits to our offices to be prompt and pleasant. Our patients receive the highest level of service from each of our highly trained staff members. Preventive Medicine, PC is where people come to get better.

Accepting New Patients in all Offices
Complimentary Physician Consultations
Emergency Patients Seen Same Day

Most insurance accepted:
Anthem Blue Cross Blue Shield, CHA, Cigna, Humana, PHCS, Sagamore, Medicare, Medicaid and others.

Clinic Services

Manipulative Medicine

Our doctors utilize time honored methods of history taking and physical examination to establish your diagnosis. A thoughtful blend of gentle spinal manipulation in combination with our other therapies provides clinical benefits.

Physical Therapy

Our gentle, non-invasive therapies will begin the healing process by reducing pain, muscle spasm, inflammation and increasing range of motion. Specifically tailored to your needs, therapies are determined by the treating doctor and can range from Electric Muscle Stimulation, Ultrasound, Heat Therapy, Passive Stretching and Home Exercises.

Acupuncture

Acupuncture is a health science which is used to treat both pain and dysfunction in the body. Believed to be five to seven thousand years old, this painless treatment uses thin needles placed in specific "acupoints". Clinically, acupuncture relieves pain, reduces inflammation and stimulates the healing process. Acupuncture is effective in smoking cessation and weight loss.

Clinical Massage Therapy

Massage has been used since ancient times to manage pain, muscle spasm and to relieve stress. Benefits include: improving circulation by increasing blood flow, improving the return of lymphatic fluids, increasing energy levels, relieving stress and tension, removing toxins from muscle tissue, improving muscular tissue health and re-hydrating the skin. Our certified therapists are all expertly trained and highly respected in their field.

Relaxation Massage Therapy

Treat yourself to one of several massages including relaxation, pregnancy, sport and deep tissue in 30, 60 or 90 minute sessions. We also offer hand and foot massages and the ultimate Hot River Stone 90 minute massage. Indulge yourself.....

Nutritional Counseling

Proper nutrition is a key to preventing and controlling pain and disease. Nutritional counseling involves a personalized program in which our nutritionist educates patients on how to best achieve optimal health and wellness naturally. Benefits include feeling better, increasing energy, reducing pain and weight loss.